

Practical info

Transport from/to Athens International Airport “Eleftherios Venizelos”

You can reach the village of Marathon and the school’s venue, **Golden Coast Hotel & Bungalows** from the Athens International Airport “Eleftherios Venizelos” (<http://www.aia.gr/traveler/>) in one of the following ways:

a) **Public suburban bus**

There is a bus stop for the public suburban bus at the hotel’s main gate taking you directly to the airport.

From the airport to the hotel: Public orange buses (KTEL) depart from SOFITEL HOTEL in the AIRPORT at:

- 07:15
- 11:00
- 17:15

From the hotel to the airport: Public orange buses (KTEL) depart from GOLDEN COAST HOTEL to the AIRPORT at:

- 08:15
- 12:00
- 18:15

b) **Taxi**

The trip takes about 35 minutes and the price is approximately 40-50 euros depending on extra charges for night shift etc.

Check the map here <http://bit.ly/1khyfto>, to have an overview of the journey from the airport to the hotel.

Note: Based on the time of arrival of the participants, there might be an arrangement for an extra bus chartered by Ellinogermaniki Agogi. To this end, please make sure you inform us on the time of your arrival.

Hotel Information

GOLDEN COAST HOTEL & BUNGALOWS

Paralia Marathonos, 19007 Attica, Greece

Tel.: +30 22941 13000

Fax: +30 22941 13001

email: reservations@goldencoast.gr

- **Meals**

Meals are offered in a **seated buffet in a reserved area** for the Summer Academy 2014 that you will be shown upon arrival (for lunches and dinners). The serving hours are:

Breakfast: 06:30 - 07:30 (continental)
 07:30 - 10:00 (American buffet)
Lunch: 13:00 - 14:30 (at Byzantino Restaurant)
Dinner: 20:00 - 22:00 (at Pergola Taverna)

In case you miss the aforementioned opening hours, then one of the hotel's restaurant/tavern can offer a selection of dishes. (according to the all-inclusive policy of the hotel).

- **All inclusive regulations and services**

A brochure will be distributed describing analytically all services and regulations of the hotel's all inclusive policy, including free of charge sports, recreational activities, pool bar services and rates for activities or services that are not including in the free of charge services and activities (ex.scuba diving lessons etc that are hosted in the hotel premises).

- **Special requests – complaints about your stay**

For any special requests or complaints we kindly advise you to contact directly the hotel reception. If any issue remains unresolved then do not hesitate to inform the school organizers. We will do our best to assist and upgrade your stay in the hotel.

- **Sun bathing - Outdoors activities**

Sun bathing and tanning may be beneficial for your health nevertheless extensive stay under direct sun light may cause skin burns and sunstroke. It is strongly recommended to wear head cap and protect the uncovered skin of your body with sunscreen lotion. Please note **that after 14.00 p.m. until 17.00 p.m you must take extra precautions** once being outdoors (dressed lightly but covered drinking water and avoiding heavy lunches and extra alcoholic beverages). A sun burn soothing cream and a mosquito repellent spray can be found in the shops in the hotel premises or the airport and could be very helpful.

The hotel's beach (Marathon Bay) is sandy, easy to walk and friendly for children. The waters are sparkling clear and pleasantly refreshing. There are a variety of swimming pools and places to relax in the hotel premises.

It is advised to bring a light jacket or cardigan due to sea breeze at night long trousers and sneakers or loafers for safe sightseeing and walking outdoors.

Before outdoors activities according to weather conditions and type of activity you will be re-notified about outfit and other requirements.

- **Incidents needing medical treatment**

In case of any sudden illness or other problems that need immediate medical treatment please **contact the hotel reception and the contact person (representing the organizers)** in the hotel premises. We have arranged so that you will be treated according to the incident that has occurred efficiently.

- **Special care**

Please upon arrival if not earlier notify the secretary of the Summer Academy for any special care (allergies, vegetarian, diabetic etc.) and any other information you think can help us take all precautions so as to reassure the best stay during your time in Greece.(all personal information will be treated very discretely)